Last week I introduced you to the Northeast Nebraska Area Agency on Aging, our state resource for everything we do. We focused on nutritional services, however making sure seniors eat is just a small portion of what NEAAA does! Today let’s look at In-Home Services:

**The In-Home Chore program** enables frail older adults to maintain their homes by assisting with regular housekeeping and chores.

Description of service  
The In-Home Chore program provides funding for assistance with tasks, such as housework, yard work or snow removal.

Goal  
To enable individuals 60 and over to maintain their own home and remain independent by assisting with housekeeping tasks they may no longer be able to perform.

Eligibility  
Recipients must be age 60 or older. A NENAAA Care Manager, taking into consideration their functional and financial need, must determine eligibility.

What an In-Home Chore provider can do  
Housework would be activities such as cleaning when the furniture is moved, maintain and routine cleaning. Yard work would be activities such as mowing, raking, trimming and carrying out garbage. Sidewalk maintenance would be activities such as snow removal, spreading ice melt, repairing cracks, etc. Chore also includes minor repairs and maintenance such as painting, minor plumbing, banister placement, changing furnace filters, etc.

Providers  
Are contracted by the client and paid by the client. An In-Home Chore grant will reimburse the client up to the monthly contracted amount. Names of providers will be offered to the client.

Want more information? Please contact Richard Brandow, Long Term Care Supervisor: (402) 370-3454 or (800) 672-8368

Coming up this month:  
Tuesday 9/17 Board Meeting 8:30  
Wednesday 9/18 Piano Man 11:30-1:00  
Wednesday 9/18 Birthday Bingo! Prizes and Cake! 1:00-2:00  
Thursday 9/19 Blood Sugar Clinic 5:00  
Thursday 9/26 Blood Pressure Clinic 5:30  
  
Menu for next week:  
Monday 9/16 Chicken, Potatoes, Cooked Carrots, Fruit Medley, Bars  
Tuesday 9/17 Taverns, Hash Browns, Mixed Veggies, Cantaloupe, Brownie  
Wednesday 9/18 Pork Roast, Potatoes/Gravy, Green Beans, Watermelon, Chocolate Chip Cookie  
Thursday 9/19 Chicken Salad Croissant, Broasted Potatoes, Corn, Peaches, Rhubarb Bars  
Friday 9/20 Hamburger Lasagna, Wax Beans, Lettuce Salad/Dressing, Tropical Fruit, Garlic Bread, Cake

ALL ARE WELCOME FOR MEALS! Lunch is served at noon Monday, Tuesday, Wednesday and Friday. Dinner is served at 6:00 PM on Thursday.

Menu is subject to change.

Make it a great week!

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